

# J. ADDISON PRESS

Monthly Newsletter of J. Addison School



## IMPORTANT DATES FOR FEBRUARY

**High School Exams**  
Feb 1-2/2023

**PA Day**  
Feb 3/2023

**Second semester starts  
(High school)**  
Feb 6/2023

**Report Cards  
(Elementary school)**  
Feb 17/2023

**Family Day**  
Feb 20/2023

## JANUARY 2023 HIGHLIGHTS & PHOTOS



## DAY SCHOOL

Hello, JAS Family! The holidays have officially ended and a brand new year has begun. 2023 is off to a fantastic start despite the warm but gloomy and rainy weather. The month of January is usually one that brings the blues to many people, but with Lunar New Year taking place earlier this year, J. Addison was busy with preparing for the festivities.

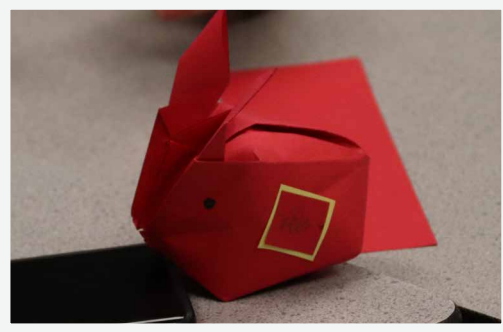


We have had quite an eventful month. Basketball season is also busier than ever for both our boys and girls teams while our dorm students spent most of their holiday outside of the school for fun activities.

It is also the time to say goodbye to our Class of 2023 winter graduates as they complete their final exams right at the beginning of February and take another step into their futures.



# Lunar New Year (January 23)



This year's Chinese New Year celebrations were held on January 23, one day after the official New Year date as it was a Sunday. Students received red pockets from our staff and many also dressed in red or traditional outfits for the occasion. Many of our students were given the opportunity to share their household traditions or what they learned about the holiday.



## BOARDING SCHOOL

### Cineplex Movie Outing Activity-Avatar: The Way of Water By Shelly L. B. (Grade 10) (Peru)

On Tuesday December 27, 2022, the dorm students and I went to the Cineplex to watch the movie, Avatar: The Way of Water. When we got there, I was so excited to see the movie, as we waited a long time to see Avatar 2. Before the movie started, I got hot dog, popcorn, nachos, and drinks before going into the auditorium. Overall, I was very impressed by the movie. The graphics, the setting and the emotions being depicted by the characters were truly captivating. The movie displayed scenes filled with vibrant colors and presented themes of joy and sadness. At the end of the film, I had the opportunity to reflect upon a poignant phrase by one of the characters, which was, "Our planet is our Pandora, simply that we humans are the destroyers of it".





## Lakeridge Ski/ Snowboarding/ Snow tubing Activity

By Mike Haoran L. (Grade 12) (China)



On Friday, December 30th, 2022, the dorm department hosted a Lakeridge Trip activity during Christmas vacation. All students got the chance to select either skiing or snowboarding. Personally, it was really fun for me to ski with my friends, who might be experiencing this activity for the first time in Canada. Everyone followed the instructor's guidance and tried with caution. Afterwards, we went snow tubing in groups, which was fast and furious. Overall, it was a really wonderful experience to spend Christmas with my friends and the dorm staff.

## Splitsville Bowling Activity

By Ken W. (Grade 12) (China)

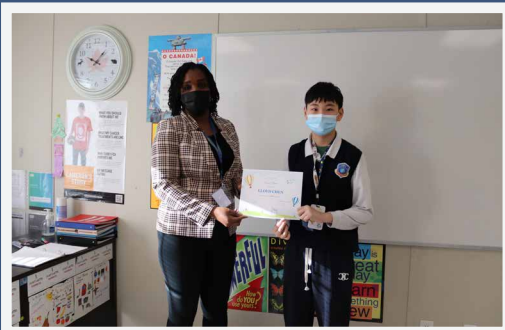


Compared to other sports, bowling is relatively low-risk. However, for a novice or "self-righteous" veteran, there are still certain risks when delivering the ball down the bowling alley. On Saturday December 31st, 2022, my dormmates and I had the privilege to go bowling and from this experience, I was able to reflect on how to successfully play the sport. First of all, it is important to keep the soles of your bowling shoes clean and dry. When the bowling ball is released from the hand, the supporting leg can slide from its original position. Hence, when the soles are dry, the friction caused by the shoes' soles is relatively small, making it easier to glide along the bowling alley while effectively maintaining body balance. If the soles of the shoes come in contact with water, drinks, or oil as one steps towards the bowling alley, the friction caused by the soles becomes greater, which affects gliding and increases your chances of falling if you aren't careful.

In addition, you need to choose the right bowling ball according to your own ability. Some people randomly choose a bowling ball weight regardless of their capabilities. In fact, this mindset is not only wrong, but also very dangerous.

Finally, I've learnt that when you are inexperienced and don't know how to properly control a bowling ball, it can easily cause the ball to fly out as you swing your arm for release.

In conclusion, I really enjoyed bowling and I would definitely recommend it to anyone who is considering the sport.





# ATHLETICS



J. Addison hosted another boys varsity game against Fort Erie in the same week on January 20th and we were treated to an epic game as Fort Erie came so close to tying the game in the final quarter. However, our boys pulled ahead in the end and were victorious with a final score of 72 to 68.

Meanwhile, on Saturday, January 28th, our girls finishes the month off strong and went all the way to Ottawa to to win the game 76 to 68 against Louis Riel Rebelles.



## CONTACT US



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# STUDENT OF THE MONTH

## RESIDENCE LIFE STUDENT OF THE MONTH



SERENA Y.

## STUDENTS OF THE MONTH



ETHAN C.



ZAIMURAN T.

### This month the Character Education Virtue is: UNITY

January's virtue is UNITY with the following traits:

- I will make everyone feel welcome and included
- I will use my words to help rather than harm

## it all comes together in the fifth... that's the Addison Advantage™



**JASX Early Learning**  
Ages 3.8 to 6 years of age



**Elementary School**  
Grades 1 to 8



**Secondary School**  
Grades 9 to 12



**Boarding Program**  
Grades 7 to 12

