

# J. ADDISON PRESS

Monthly Newsletter of J. Addison School



## IMPORTANT DATES FOR APRIL

**Easter Monday**  
**Apr 1/2024**

**Exams**  
**(High School)**  
**Apr 10-11/2024**

**PA Day**  
**Apr 12/2024**

**Exam Review**  
**(High School)**  
**Apr 15/2024**

**Final Term Starts**  
**(High School)**  
**Apr 15/2024**

## DAY SCHOOL

Hey J. Addison family! Another month has come and gone just like that. March has certainly been an exciting month. Despite the winter season being unusually warm this year, we got a surprisingly chilly beginning to spring. However, the environment here at JAS was full of warmth as there were many celebrations that took place this month.



March Break and Easter holiday both took place in March this year, giving our students a well deserved break. Our students also went on several trips this month including a trip downtown while our elementary school students visited Ripley's Aquarium. Black History Month was also extended into March as we welcomed a special guest speaker, Ms. Grant, to celebrate Black Excellence Day and International Women's Day. Our students prepared for the day by setting up food stands and an exhibit to educate students and staff about Black cultural artists and historical figures. In addition, our students also set up a special booth to celebrate Nowruz, the Persian New Year celebrated on the first day of spring, which also falls during Ramadan.

Finally, basketball season came to a historic close with our girls and boys both being crowned champions. There may only be three more months until the end of the school year, but there is a lot to look forward to.



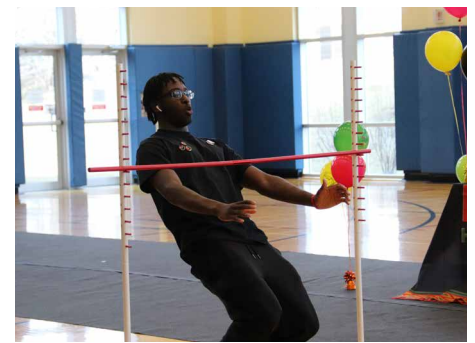
# BOARDING SCHOOL

## MARCH 2024 HIGHLIGHTS & PHOTOS

### Celebration of Nowruz - "Exhilarating Blend of Fun" By Armin Jamali (Iran) (Grade 12)

On Tuesday, March 19th, 2024, our school community came together to celebrate Nowruz, marking a joyful start to the Persian New Year. The celebration was an exhilarating blend of fun, tradition, and cultural exchange. We were introduced to an array of traditional foods, with Sabzi Polo being a standout dish that delighted everyone with its exquisite flavors. The highlight of our celebration was a visit to an Iranian restaurant, which was hosted by the dorm department, where we indulged in the rich culinary heritage of Iran. In summary, the experience was not just about enjoying delicious food; it was a meaningful immersion into the culture that brought us all closer. What a memorable way to welcome the Persian new year!

### Black Excellence Day - "Embracing Diverse Cultures" By Enitan B. (Grade 12) (Nigeria)



On Friday March 8th, 2024, the Black Student Association of J. Addison school hosted a "Black Excellence Day" in honor of black history month, which had just occurred in the previous month of February 2024. As a member of Black Student Association, I was truly amazed to see everything come together so beautifully, and honestly speaking, it was an honor to have been a part of such an incredible event. As for the day itself, it was nothing less of an absolute perfection. The event began with members of the Black Student Association serving cultural cuisines and beverages that have been a staple within the diaspora of Africa. For example, there were food and beverages from the Bahamas, Nigeria, Trinidad & Tobago and Jamaica. I can attest the taste of Nigerian "Puff Puff", Ghanaian "Jollof", Bahamian "Conch Fritters, Jamaican "Beef Patties and Trinidadian "Pholouries" were some of the cultural cuisines that tasted so good! Equally important, one of the most rewarding experiences of Black Excellence Day is witnessing the entire school community coming together and embracing diverse cultures through food and drinks. Moreover, being able to educate my peers and the school community through showcasing a "Black History Exhibition" was another highlight that I really enjoyed as it was an opportunity for students as well as staff to gain some awareness on historical and cultural icons of African descent such as Bob Marley, Madame CJ Walker, Michael Jackson, Rosa Parks, Fela Kuti, Jackie Ross and etc. Additionally, another aspect of Black Excellence Day that is worth sharing, was meeting Ms. Zhorrah Grant. Ms. Grant is the CEO of the largest black owned beauty supply store in Canada. Having the opportunity to witness her story was honestly an experience that I would never take for granted as I felt that she inspired me and gave me the tools to help me achieve my personal goals. In conclusion, Friday March 8th, 2024 was a day that held so much value and importance to myself and it will be one that will forever remain in the hearts of our J. Addison family.



### **360 Kids Youth Homeless Experience "Daring Volunteer Experience" By Precious A. (Grade 12) (Nigeria)**

"Why did I even sign up for this volunteer activity?" "I want to go back home!" "I am hungry and tired!" These were the initial thoughts running through my mind on Thursday February 29th, 2024 during my 360 Kids youth homeless experience. In truth, this volunteer activity provided a daring experience for my peers and I, as it provided us with the awareness of the harsh reality of what unhoused people in Ontario and Canada at large go through. From my personal experience, I felt that six hours of my life was tormented as I sought out shelter in the brutal cold of the night. Thankfully, I was able to find relief when I discovered a fast-food restaurant nearby for shelter. As I reflect on this volunteer experience, I realized that unfortunately my homeless experience is the sad reality for teenagers, kids and even the elderly. According to my volunteer activity peer by the name of Avis, he stated that this experience was physically and mentally exhausting. Moreover, he stated, "I feel too cold and I miss my bed". With that being noted, the painful reality of being a unhoused individual in Canada, especially as a youth, is truly an emotional experience! Overall, the students of J. Addison School, who participated in this volunteer experience came to the realization of their privileged life and the opportunity it provides for them to eat whatever they wish each day, lay in a nice comfortable bed as well as enjoy many other things that they may have taken for granted while growing up. I must emphatically state for the universe that when I win the lottery, I will greatly impact the world by helping others in need on a larger scale.

### **Dorm Drop-In Game Night-"Fun Didn't Stop!" By Ali N. (Grade 12) (Iran)**



On Saturday March 2nd, 2024, our dorm had a fantastic "drop-in game night". Firstly, dorm students and I started to play a game called "Uno", where we laughed and tried to beat each other with smart moves. Then, we moved on to video games, where the fun didn't stop. Personally, I felt that everyone was into the game, trying to win, cheering and enjoying themselves. The best part? Our amazing dorm staff surprised us with delicious pizza and other snacks, making the night even better. I must note that it was great to chill, play games, and eat together. In summary, a huge thanks is extended to our dorm staff for making this happen and to everyone who came and support this activity night as they all truly made it unforgettable!



# ATHLETICS



## GIRLS WIN THE WOMEN'S TRILLIUM CHAMPIONSHIP

It's a historic win for our girls' basketball team this year! After playing one of the best seasons in history, our girls finally went on to play the Ontario (OSBA) Trillium Finals on March 3rd at the Pan Am Centre in Scarborough. The first half of the game was definitely nailbiting with the scores almost tied. However, our girls began extending their lead near the end of the second quarter and defeated Orangeville Prep with a huge lead (71 to 41) for the winning prize!

Our very own Coach Francis also received Coach Of The Year while some of our students received special awards for their incredible work. Heidi S. received the MVP Award while Amiya M. received the Defensive Player of the Year Award. Heidi S. also received the All Stars Award along with Courtney S., Nadia M. and Rosheen A. Congratulations to the whole team on being the OSBA Trillium Champions 2024!



## BOYS WIN THE TRUE NORTH PREP NATIONALS

What an incredible end to the season! Our boys ended off the month by defeating Polaris Prep at Humber College on March 27th to win the True North National Championship! This tournament is an event featuring some of the top scholastic prep programs across the entire nation! For J. Addison to win the ultimate prize is an incredible accomplishment. Everyone here at J. Addison is so incredibly proud of each and every one of you.



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# STUDENT OF THE MONTH

## RESIDENCE LIFE STUDENT OF THE MONTH



ANTHONY L.

## STUDENTS OF THE MONTH



COCO W.



GEORGE F.

This month the Character Education Virtue is: **PERSEVERANCE**

March's virtue is PERSEVERANCE with the following traits:

- Work hard toward goals
- Overcome obstacles
- Do not give up easily
- Are resourceful in reaching a goal

it all comes together in the fifth... that's the Addison Advantage™



**JASX Early Learning**  
Ages 3.8 to 6 years of age



**Elementary School**  
Grades 1 to 8



**Secondary School**  
Grades 9 to 12



**Boarding Program**  
Grades 7 to 12

